OCEANIA MASTERS ATHLETICS CHAMPIONSHIPS 2010
PAPEETE, TAHITI
DRAFT PROGRAM - 16 NOVEMBER 2009

	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM								
		7.00am 10km Road Walk	Decathlon (110m H, discus PV)	7.00 / 7.30amCross Country		9.30 General Assembly	Moorea	6.00am Half Marathon
			60 metre heats		10:00am Pentathlon		Day Trip	
		Decathlon (100m, long,shot)	Heavy Weight Women	11.00am Forum/Athlete/Coaching				
		Heptathlon (100m Hurdles, high)	Triple Women					
		Javelin Women						
		Discus Men						
				100 metre heats				
				Weight Pentathlon Wmn	200 metre heats			
				100 metre finals	Heavy Weight Men	Weight Pentathlon Men		
				High Jump Men	High Jump Wmn	Pole Vault		
PM					Long Jump Men	3000 metre Walk		
		Decathon (high jump, 400m)	Heptathlon (long, jav, 800m)		Sprint hurdles	Steeple Chase		CLOSING FUNCTION
		Heptathlon (shot put, 200m)	Decathlon (javelin, 1500m)	5000 metre walk	1500 metres	400 m finals		
		Javelin Men	800 metre finals	400 metre heats	200 metre finals	Relays		
		300/400 metre hurdles	Hammer Men	Shot Put Men	Hammer Wmn	Triple Men		
		5000 metres	Shot Put Women	Long Jump Women		Discus Women		
	Opening		60 metre finals					