

Event	EventComment	Grade	Name	Club	Result	Wind	Location	RecordDate
100m		M35	R Ward		11.70s			
100m		M40	W Sharp		11.80s			
100m		M45	Gary Rawson	Wellington Masters	11.96s			
100m		M50	J Kearns		12.68s			
100m		M55	J Kearns		13.33s			
100m		M60	W MacIntyre		14.02s			
100m		M65	Bill Nicholson	Wellington Masters	14.90s			
100m		M70	H Robinson		15.60s			
100m		M75	Bernie Kaiser		15.01s			
100m		M80	Bernie Kaiser		15.80s			
100m		M85	Bernie Kaiser		19.20s			
100m		W30	Penny Hunt		12.45s			
100m		W35	Penny Hunt		12.70s			
100m		W40	Penny Hunt		13.20s			
100m		W45	Penny Hunt		13.56s			
100m		W50	Veronica Gould	WHAC	14.30s			
100m		W55	Veronica Gould	WHAC	14.10s	-1.2	Newtown Park	26-Jan-08
100m		W60	Colleena Blair	Wellington Masters	14.90s			
100m		W65	Judy Hammond	Kapiti	16.43s			
100m		W70	Judy Hammond	Kapiti	16.88s	1	Newtown Park	6-Dec-08
100m		W75	Colleena Blair	Wellington Masters	22.90s	-1.2	Newtown Park	26-Jan-08
200m		M35	R Ward		23.50s			
200m		M40	Graham McPhail	Kiwi	24.47s	-2	Inglewood	2-Mar-08
200m		M45	Gary Rawson	Wellington Masters	24.84s			
200m		M50	A McLaughlin		26.19s			
200m		M55	J Kearns		27.25s			
200m		M60	I Williams		29.85s			
200m		M65	T Bartlett		30.69s			
200m		M70	Bill Nicholson	Wellington Masters	32.25s			
200m		M75	Bernie Kaiser		30.70s			
200m		M80	Bernie Kaiser		33.30s			
200m		M85	Bernie Kaiser		41.00s			
200m		W30	Penny Hunt		25.61s			
200m		W35	Penny Hunt		26.36s			
200m		W40	Penny Hunt		27.36s			
200m		W45	Penny Hunt		27.54s			
200m		W50	Veronica Gould	WHAC	31.39s			
200m		W55	Veronica Gould	WHAC	30.26s			
200m		W60	Judy Hammond	Kapiti	31.90s			
200m		W65	Judy Hammond	Kapiti	34.91s			
400m		M35	R Ward		54.30s			
400m		M40	B Turnbull		52.77s			
400m		M45	A McLaughlin		55.40s			
400m		M50	A McLaughlin		56.45s			
400m		M55	Rob James	Wellington Masters	60.50s			
400m		M60	J Powell		67.54s			
400m		M65	T Bartlett		70.68s			
400m		M70	Bill Nicholson	Wellington Masters	78.38s			
400m		M75	Bernie Kaiser		76.52s			
400m		M80	Bernie Kaiser		84.87s			
400m		W30	Penny Hunt		57.16s			
400m		W35	Pam Graham	Scottish	64.87s			
400m		W40	Pam Graham	Scottish	63.83s			

400m	W45	J Hurdle		70.90s		
400m	W50	Jenny McDonald	Scottish	71.50s	Newtown Park	14-Feb-09
400m	W55	Judy Hammond	Kapiti	73.90s		
400m	W60	Judy Hammond	Kapiti	74.30s		
400m	W65	Judy Hammond	Kapiti	85.44s		
400m	W70	Judy Hammond	Kapiti	88.51s	Inglewood	25-Nov-07
800m	M35	B Hyslop		2m 08.68s		
800m	M40	B Turnbull		2m 00.19s		
800m	M45	A McLaughlin		2m 04.89s		
800m	M50	A McLaughlin		2m 09.41s		
800m	M55	Richard Brent	Scottish	2m 14.47s		
800m	M60	John Eccles	Masterton Harriers	2m 32.80s		
800m	M65	Ellis Goodyear	Capital Harriers	2m 44.05s		
800m	M70	Ellis Goodyear	Capital Harriers	2m 51.28s		
800m	M75	Ellis Goodyear	Capital Harriers	3m 18.28s	QEII, Christchurch	4-Mar-07
800m	M80	T Taylor		6m 00.00s		
800m	W30	C Clegg		2m 40.0s		
800m	W35	Suzanne Cookson	Scottish	2m 27.05s	Inglewood	2-Mar-08
800m	W40	Anne Hare	Scottish	2m 17.06s	Newtown Park	18-Feb-06
800m	W45	Pam Graham	Scottish	2m 24.27s		
800m	W50	Jenny McDonald	Scottish	2m 31.04s	Newtown Park	23-Feb-08
800m	W55	T Brown		3m 00.7s		
800m	W60	P Fletcher		2m 59.5s		
800m	W65	P Fletcher		3m 10.29s		
800m	W70	Judy Hammond	Kapiti	3m 53.14s	Townsville	29-Jul-08
1500m	M35	B Newth		4m 23.0s		
1500m	M40	E McLachlan		4m 06.0s		
1500m	M45	G Blacklaws		4m 14.4s		
1500m	M50	Colin MacLachlan	Scottish	4m 23.8s		
1500m	M55	Richard Brent	Scottish	4m 35.8s	Newtown Park	13-Dec-08
1500m	M60	John Eccles	Masterton Harriers	5m 07.82s		
1500m	M65	John Eccles	Masterton Harriers	5m 13.71s		
1500m	M70	John Eccles	Masterton Harriers	5m 49.69s		
1500m	M75	Ellis Goodyear	Capital Harriers	6m 39.80s	QEII, Christchurch	3-Mar-07
1500m	M80	T Taylor		13m 26.99s		
1500m	W30	Bowness		5m 39.0s		
1500m	W35	J Stewart		4m 51.15s		
1500m	W40	Anne Hare	Scottish	4m 35.74s	Christchurch	27-Jan-06
1500m	W45	Pam Graham	Scottish	4m 49.28s		
1500m	W50	Bernie Portenski	Scottish	5m 00.58s		
1500m	W55	Pam Graham	Scottish	5m 26.42s	Newtown Park	4-Feb-07
1500m	W60	P Fletcher		5m 58.04s		
1500m	W65	P Fletcher		6m 25.63s		
1500m	W70	B Meyers		10m 27.06s		
3000m	M35	B Newth		9m 38.0s		
3000m	M40	E McLachlan		8m 39.39s		
3000m	M45	R Jackson		9m 14.65s		
3000m	M50	Colin MacLachlan	Scottish	9m 29.31s		
3000m	M55	Richard Brent	Scottish	9m 59.8s	Newtown Park	10-Mar-07
3000m	M60	Don Melrose		10m 36.28s		
3000m	M65	Michael Browne	Scottish	12m 37.01s		
3000m	M70	Michael Browne	Scottish	14m 42.07s		
3000m	M75	Ellis Goodyear	Capital Harriers	14m 16.22s	Cooks Gardens, Wanganui	
3000m	W30	Gabrielle O'Rourke	WHAC	9m 38.74s		

3000m		W35	Vicki Humphries	WHAC	10m 14.87s		
3000m		W40	Bernie Portenski	Scottish	9m 56.70s		
3000m		W45	J Cornish		13m 19.0s		
3000m		W50	J Cornish		14m 29.2s		
3000m		W55	Bernie Portenski	Scottish	10m 41.21s		
5000m		M35	M Wilkinson		16m 59.5s		
5000m		M40	E McLachlan		14m 43.89s		
5000m		M45	Colin MacLachlan	Scottish	15m 46.03s		
5000m		M50	J Weatherley		15m 55.55s		
5000m		M55	Richard Brent	Scottish	17m 11.62s	Newtown Park	4-Feb-07
5000m		M60	Don Melrose		18m 11.0s		
5000m		M65	John Eccles	Masterton Harriers	18m 45.0s		
5000m		M70	John Eccles	Masterton Harriers	21m 34.02s		
5000m		M75	Ellis Goodyear	Capital Harriers	24m 28.21s	QEII, Christchurch	2-Mar-07
5000m		M80	C Green		28m 00.54s		
5000m		W30	Gabrielle O'Rourke	WHAC	16m 31.72s		
5000m		W35	Ngaire Drake		16m 47.63s		
5000m		W40	Bernie Portenski	Scottish	16m 49.8s		
5000m		W45	Bernie Portenski	Scottish	17m 32.13s		
5000m		W50	Bernie Portenski	Scottish	17m 22.22s		
5000m		W55	Bernie Portenski	Scottish	17m 56.05s		
5000m		W60	P Fletcher		21m 13.78s		
5000m		W65	P Fletcher		23m 31.00s		
5000m		W70	B Meyers		33m 32.00s		
10,000m		M35	J Skinnon		33m 52.57s		
10,000m		M40	E McLachlan		30m 53.3s		
10,000m		M45	B Everitt		32m 49.80s		
10,000m		M50	R Robinson		32m 24.00s		
10,000m		M55	Richard Brent	Scottish	36m 00.12s	QEII, Christchurch	4-Mar-07
10,000m		M60	Don Melrose		37m 55.26s		
10,000m		M65	John Eccles	Masterton Harriers	39m 15.00s		
10,000m		M70	John Eccles	Masterton Harriers	43m 23.77s		
10,000m		M75	Ellis Goodyear	Capital Harriers	51m 12.65s	QEII, Christchurch	4-Mar-07
10,000m		M80	C Green		56m 04.67s		
10,000m		W30	Gabrielle O'Rourke	WHAC	34m 28.31s		
10,000m		W35	Ngaire Drake		35m 11.3s		
10,000m		W40	Bernie Portenski	Scottish	34m 48.95s		
10,000m		W45	Bernie Portenski	Scottish	35m 35.5s		
10,000m		W50	Bernie Portenski	Scottish	36m 34.24s		
10,000m		W55	Bernie Portenski	Scottish	37m 22.4s		
10,000m		W60	P Fletcher		44m 59.0s		
10,000m		W70	B Meyers		73m 55.63s		
Marathon	Best performance	M40	K Jury		2h 23m 47s		
Marathon	Best performance	M45	J Weatherley		2h 32m 29s		
Marathon	Best performance	M50	J Weatherley		2h 38m 21s		
Marathon	Best performance	M55	Ellis Goodyear	Capital Harriers	2h 47m 02s		
Marathon	Best performance	M60	Ellis Goodyear	Capital Harriers	3h 04m 44s		
Marathon	Best performance	M65	Ellis Goodyear	Capital Harriers	3h 21m 45s		
Marathon	Best performance	M70	Ellis Goodyear	Capital Harriers	3h 28m 32s		
Marathon	Best performance	W30	Gabrielle O'Rourke	WHAC	2h 38m 47s		
Marathon	Best performance	W40	Bernie Portenski	Scottish	2h 34m 39s		
Marathon	Best performance	W45	Bernie Portenski	Scottish	2h 43m 38s		
Marathon	Best performance	W50	M Hewitson		3h 59m 26s		
Marathon	Best performance	W60	Meryl McKay	Wellington Marathon Clinic	3h 51m 26s		

Marathon	Best performance	W65	Judy Hammond	Kapiti	4h 57m 41s		
2000m Steeples		M60	John Eccles	Masterton Harriers	7m 54.29s		
2000m Steeples		M65	John Eccles	Masterton Harriers	7m 53.00s		
2000m Steeples		M70	John Eccles	Masterton Harriers	8m 39.20s		
2000m Steeples		M75	John Eccles	Masterton Harriers	9m 59.0s		
2000m Steeples		W35	Vicki Humphries	WHAC	4m 47.36s		
2000m Steeples		W40	J Stewart		8m 07.42s		
2000m Steeples		W45	J Stewart		8m 10.5s		
2000m Steeples		W50	M Hawkins		9m 47.8s		
2000m Steeples		W55	T Brown		9m 29.8s		
2000m Steeples		W60	F McCracken		11m 32.28s		
3000m Steeples		M40	C Morris		9m 46.5s		
3000m Steeples		M40	C Morris		10m 13.38s		
3000m Steeples		M45	C Morris		10m 38.47s		
3000m Steeples		M50	Francis Campkin	WHAC	12m 04.99s		
3000m Steeples		M55	Francis Campkin	WHAC	12m 03.04s		
3000m Steeples		M60	C Green		13m 48.25s		
3000m Steeples		M65	T Bartlett		13m 35.0s		
2000m Steeples	2' 6"	M70	John Eccles	Masterton Harriers	8m 44.65s		
110m Hurdles		M35	John Turner	Wellington Masters	19.36s	Newtown Park	17-Feb-07
110m Hurdles		M40	J Penny		18.70s		
110m Hurdles		M45	Gary Rawson	Wellington Masters	19.80s		
110m Hurdles		M50	Jim Blair	Wellington Masters	21.10s		
100m Hurdles		M40	R Whiteman		17.80s		
100m Hurdles		M45	R Ball		16.80s		
100m Hurdles		M50	J Penny		19.52s		
100m Hurdles		M55	M Keenan		20.82s		
100m Hurdles		M60	Jim Blair	Wellington Masters	21.13s		
100m Hurdles		W30	Penny Hunt		16.60s		
100m Hurdles		W35	Penny Hunt		15.40s		
100m Hurdles		W50	Colleena Blair	Wellington Masters	21.30s		
100m Hurdles		W60	Colleena Blair	Wellington Masters	22.30s		
80m Hurdles	7m between hurdles	M70	W Macintyre		15.73s		
80m Hurdles	7m between hurdles	M75	Jim Blair	Wellington Masters	20.16s	Newtown Park	17-Feb-07
80m Hurdles	7m between hurdles	W60	Colleena Blair	Wellington Masters	16.64s		
80m Hurdles	7m between hurdles	W65	Colleena Blair	Wellington Masters	17.35s		
80m Hurdles	8m between hurdles	M45	J Penny		14.26s		
80m Hurdles	8m between hurdles	M50	R Ball		13.60s		
80m Hurdles	8m between hurdles	M55	Jim Blair	Wellington Masters	16.37s		
80m Hurdles	8m between hurdles	M60	W Macintyre		14.70s		
80m Hurdles	8m between hurdles	M65	L Frances		17.40s		
80m Hurdles	8m between hurdles	W40	Penny Hunt		13.20s		
80m Hurdles	8m between hurdles	W45	Penny Hunt		13.50s		
80m Hurdles	8m between hurdles	W50	Colleena Blair	Wellington Masters	16.45s		
80m Hurdles	8m between hurdles	W55	Colleena Blair	Wellington Masters	17.46s		
80m Hurdles	8m between hurdles	W60	Colleena Blair	Wellington Masters	17.10s		
200m Hurdles		M40	B Turnbull		34.10s		
200m Hurdles		M45	T Jones		31.70s		
200m Hurdles		M55	J Powell		37.10s		
200m Hurdles		M60	J Parker		35.58s		
200m Hurdles		M60	J Powell		38.40s		
200m Hurdles		W40	Penny Hunt		31.00s		
200m Hurdles		W50	P Scholes		41.70s		
300m Hurdles		M50	J Penny		49.64s		

300m Hurdles	M55	J Powell		53.70s		
300m Hurdles	M60	J Powell		56.15s		
300m Hurdles	M65	L Frances		62.19s		
300m Hurdles	M75	Bill Nicholson	Wellington Masters	75.20s		
300m Hurdles	W40	E Teahan		88.30s		
300m Hurdles	W50	P Scholes		61.81s		
300m Hurdles	W60	Judy Hammond	Kapiti	65.90s		
300m Hurdles	W65	Judy Hammond	Kapiti	71.04s		
400m Hurdles	M35	B Hyslop		64.64s		
400m Hurdles	M40	B Turnbull		60.56s		
400m Hurdles	M45	K Berryman		69.48s		
400m Hurdles	M50	Francis Campkin	WHAC	75.02s		
400m Hurdles	M55	Francis Campkin	WHAC	75.30s		
3000m Walk	M35	N Wilton		16m 44.0s		
3000m Walk	M40	N Wilton		15m 52.3s		
3000m Walk	M45	Mike Burkinshaw	Olympic	15m 59.3s		
3000m Walk	M50	D Kirby		15m 59.1s		
3000m Walk	M55	Peter Baillie	Scottish	15m 06.26s	Inglewood	2-Mar-07
3000m Walk	M60	Peter Baillie	Scottish	15m 25.65s	Newtown Park	13-Feb-09
3000m Walk	M65	Peter Tearle	Scottish	18m 04.8s		
3000m Walk	M70	Peter Tearle	Scottish	19m 04.67s		
3000m Walk	M75	A Kefalas		20m 10.7s		
3000m Walk	W35	Kristeene Parkes	Scottish	20m 54.33s		
3000m Walk	W40	Melanie Watson	Wellington Masters	21m 50.17s		
3000m Walk	W45	Amelia De Lorenzo	Scottish	16m 40.13s	Newtown Park	28-Oct-06
3000m Walk	W50	J Cornish		18m 02.8s		
3000m Walk	W55	J Cornish		17m 47.3s		
3000m Walk	W60	F McCracken		19m 02.5s		
3000m Walk	W65	Noeleen Pery	Wellington Marathon Clinic	19m 57.1s		
3000m Walk	W70	Noeleen Pery	Wellington Marathon Clinic	21m 49.37s		
5000m Walk	M40	Robert Bennett	Scottish	27m 46.0s		
5000m Walk	M45	Mike Burkinshaw	Olympic	28m 53.2s		
5000m Walk	M50	Robert Bennett	Scottish	29m 31.1s		
5000m Walk	M55	Peter Baillie	Scottish	26m 16.3s	Newtown Park	10-Nov-07
5000m Walk	M60	Peter Tearle	Scottish	28m 55.3s		
5000m Walk	M65	B Reid		35m 22.4s		
5000m Walk	M75	Michael Browne	Scottish	28m 31.5s	Newtown Park	10-Nov-07
5000m Walk	W40	Amelia De Lorenzo	Scottish	27m 08.10s		
5000m Walk	W45	A Bowles		33m 48.0s		
5000m Walk	W50	J Cornish		30m 47.9s		
5000m Walk	W55	F McCracken		34m 01.7s		
5000m Walk	W60	F McCracken		32m 56.0s		
5000m Walk	W65	Noeleen Pery	Wellington Marathon Clinic	33m 24.63s		
1500m Walk	M40	Kevin Watson	Wellington Masters	9m 38.61s		
1500m Walk	M45	M Lane		8m 14.14s		
1500m Walk	M50	Ian Blyth	Hutt Valley Harriers	9m 56.49s		
1500m Walk	M55	Peter Baillie	Scottish	7m 24.7s		
1500m Walk	M60	Mike Burkinshaw	Olympic	8m 53.9s		
1500m Walk	M65	B Read		9m 32.13s		
1500m Walk	W35	Kathryn Fraser	Scottish	9m 35.18s		
1500m Walk	W40	Brenda Burke	Scottish	9m 35.71s		
1500m Walk	W45	K Blyth		10m 05.05s		
1500m Walk	W50	Sevana Minassian	Vic Uni	9m 11.2s		
1500m Walk	W65	Noeleen Pery	Wellington Marathon Clinic	10m 11.56s		

1500m Walk		W70	Noeleen Perry	Wellington Marathon Clinic	10m 36.25s		
10km Road Walk	Best performance	M40	N Wilton		56m 53s		
10km Road Walk	Best performance	M45	N Wilton		55m 54s		
10km Road Walk	Best performance	M50	D Kirby		57m 48s		
10km Road Walk	Best performance	M55	Mike Burkinshaw	Olympic	64m 03s		
10km Road Walk	Best performance	M60	Peter Tearle	Scottish	60m 29s		
10km Road Walk	Best performance	M65	Peter Tearle	Scottish	63m 57s		
10km Road Walk	Best performance	M70	A Kefalas		69m 09s		
10km Road Walk	Best performance	M75	A Kefalas		72m 34s		
10km Road Walk	Best performance	W35	Melanie Watson	Wellington Masters	75m 32s		
10km Road Walk	Best performance	W40	Amelia De Lorenzo	Scottish	57m 00s		
10km Road Walk	Best performance	W45	Maryanne Palmer	Scottish	68m 22s		
10km Road Walk	Best performance	W50	Barbara Tucker	Scottish	63m 28s		
10km Road Walk	Best performance	W55	F McCracken		69m 24s		
10km Road Walk	Best performance	W60	Noeleen Perry	Wellington Marathon Clinic	67m 35s		
10km Road Walk	Best performance	W65	Noeleen Perry	Wellington Marathon Clinic	69m 54s		
10km Road Walk	Best performance	W70	E Meyers		85m 38s		
10,000m Walk		W60	Noeleen Perry	Wellington Marathon Clinic	67m 34.1s		
10,000m Walk		W65	Noeleen Perry	Wellington Marathon Clinic	71m 30.5s		
20km Road Walk	Best performance	M40	Robert Bennett	Scottish	2h 02m 47s		
20km Road Walk	Best performance	M45	M Lane		2h 00m 41s		
20km Road Walk	Best performance	M55	Peter Baillie	Scottish	1h 49m 56s	Inglewood	4-Mar-07
20km Road Walk	Best performance	M60	Peter Tearle	Scottish	2h 07m 47s		
20km Road Walk	Best performance	W50					
High Jump		M30	C		1.44m		
High Jump		M35	T Newport		1.90m		
High Jump		M40	John Turner	Wellington Masters	1.75m	Newtown Park	31-Jan-09
High Jump		M45	K Berryman		1.69m		
High Jump		M50	Jim Blair	Wellington Masters	1.52m		
High Jump		M55	W MacIntyre		1.45m		
High Jump		M60	W MacIntyre		1.45m		
High Jump		M65	W MacIntyre/Jim Blair	??/Wellington Masters	1.35m		
High Jump		M70	Jim Blair	Wellington Masters	1.31m		
High Jump		M75	Jim Blair	Wellington Masters	1.24m	Newtown Park	18-May-08
High Jump		M80	Bill Nicholson	Wellington Masters	0.94m		
High Jump		W30	??		1.44m??		
High Jump		W35	P Workman		1.32m		
High Jump		W40	Michelle Laurenson	Kapiti	1.23m	Newtown Park	3-Feb-08
High Jump		W45	G Dick		1.13m		
High Jump		W50	G Dick		1.17m		
High Jump		W55	Veronica Gould	WHAC	1.15m	Newtown Park	4-Feb-07
High Jump		W60	Heather May		1.17m		
High Jump		W65	Judy Hammond	Kapiti	1.10m		
High Jump		W70	Judy Hammond	Kapiti	1.08m	Newtown Park	29-Mar-08
Long Jump		M35	Mark Macfarlane	Wellington Masters	5.70m		
Long Jump		M40	Mark Macfarlane	Wellington Masters	5.65m	Dunedin	27-Jun-05
Long Jump		M45	Gary Rawson	Wellington Masters	5.56m	Cooks Gardens, Wanganui	
Long Jump		M50	J Kearns		5.03m		
Long Jump		M55	J Kearns		4.82m		
Long Jump		M60	W MacIntyre		4.57m		
Long Jump		M65	W MacIntyre		4.25m		
Long Jump		M70	Bill Nicholson	Wellington Masters	3.88m		
Long Jump		M75	Bill Nicholson	Wellington Masters	3.47m		
Long Jump		M80	Bernie Kaiser		2.83m		

Long Jump	M85	S Hogg		2.10m		
Long Jump	W30	C Clegg		4.95m		
Long Jump	W35	P Workman		4.36m		
Long Jump	W40	Penny Hunt		4.35m		
Long Jump	W45	Penny Hunt		4.44m		
Long Jump	W50	Veronica Gould	WHAC	4.21m		
Long Jump	W55	Veronica Gould	WHAC	4.15m		
Long Jump	W60	Colleena Blair	Wellington Masters	3.79m		
Long Jump	W65	Colleena Blair	Wellington Masters	3.53m		
Long Jump	W70	Judy Hammond	Kapiti	3.22m	Townsville	30-Jul-08
Long Jump	W75	Colleena Blair	Wellington Masters	2.70m	QEII, Christchurch	2-Mar-07
Pole Vault	M35	Mark Macfarlane	Wellington Masters	2.80m		
Pole Vault	M40	Mark Macfarlane	Wellington Masters	2.80m		
Pole Vault	M45	R Ball		3.60m		
Pole Vault	M50	R Ball		3.81m		
Pole Vault	M55	Vic Marks	Kiwi	2.04m		
Pole Vault	M60	J Powell		2.05m		
Pole Vault	M65	E Drummond		2.16m		
Pole Vault	M70	Bill Nicholson	Wellington Masters	1.40m		
Pole Vault	M75	Bill Nicholson	Wellington Masters	1.40m		
Triple Jump	M35	Mark Macfarlane	Wellington Masters	11.31m		
Triple Jump	M40	K Berryman		11.13m		
Triple Jump	M45	Gary Rawson	Wellington Masters	11.11m	Newtown Park	21-Oct-06
Triple Jump	M50	M Keenan		9.48m		
Triple Jump	M55	W Macintyre		10.43m		
Triple Jump	M60	W Macintyre		10.17m		
Triple Jump	M65	W Macintyre		9.22m		
Triple Jump	M70	W Macintyre		8.59m		
Triple Jump	M75	W Macintyre		7.66m		
Triple Jump	M80	Bernie Kaiser		6.35m		
Triple Jump	M85	S Hogg		4.88m		
Triple Jump	W30	B Doherty		9.23m		
Triple Jump	W35	P Workman		9.32m		
Triple Jump	W40	Lynne Plimmer	Wellington Masters	8.13m	Inglewood	2-Mar-08
Triple Jump	W45	Penny Hunt		9.44m		
Triple Jump	W50	P Scholes		7.43m		
Triple Jump	W55	Veronica Gould	WHAC	8.27m		
Triple Jump	W60	Colleena Blair	Wellington Masters	7.76m		
Triple Jump	W65	Colleena Blair	Wellington Masters	7.30m		
Triple Jump	W70	Colleena Blair	Wellington Masters	6.38m		
Triple Jump	W75	Colleena Blair	Wellington Masters	5.08m		
Discus	M35	H Smith		47.24m		
Discus	M40	R Louis		39.32m		
Discus	M45	R Ball		39.75m		
Discus	M50	R Ball		44.84m		
Discus	M55	Richard Harris	Kiwi	38.28m		
Discus	M60	Richard Harris	Kiwi	42.10m		
Discus	M65	P Popa		43.38m		
Discus	M70	P Popa		37.40m		
Discus	M75	P Popa		31.92m		
Discus	M80	S Hogg		20.80m		
Discus	M85	S Hogg		16.46m		
Discus	W30	Jeanette Chung		28.42m		
Discus	W35	Michelle Ward		27.20m	Newtown Park	7-Feb-09

Discus	W40	Karen Armitage		24.26m		
Discus	W45	E Teahan		21.96m		
Discus	W50	Colleena Blair	Wellington Masters	20.33m		
Discus	W55	Colleena Blair	Wellington Masters	21.86m		
Discus	W60	Colleena Blair	Wellington Masters	22.20m		
Discus	W65	Heather May		21.98m		
Discus	W70	Heather May		20.30m		
Discus	W75	Colleena Blair	Wellington Masters	15.59m		
Hammer	M35	W Nicol		52.72m		
Hammer	M40	Phil Jensen	Lower Hutt	57.16m	Newtown Park	14-Feb-09
Hammer	M45	R Louis		35.30m		
Hammer	M50	R Ball		40.76m		
Hammer	M55	Vic Marks	Kiwi	29.26m		
Hammer	M60	Vic Marks	Kiwi	30.32m		
Hammer	M65	E Drummond		26.58m		
Hammer	M70	Richard Harris	Kiwi	26.37m		
Hammer	M75	Jim Blair	Wellington Masters	20.63m	Newtown Park	4-Feb-07
Hammer	M80	S Hogg		20.16m		
Hammer	M85	S Hogg		17.90m		
Hammer	W30	Jeanette Chung		21.82m		
Hammer	W35	Michelle Ward	Maidstone	25.16m	Inglewood	2-Mar-08
Hammer	W40	Melanie Watson	Wellington Masters	22.19m		
Hammer	W45	E Teahan		19.98m		
Hammer	W50	Veronica Gould	WHAC	23.39m		
Hammer	W55	Veronica Gould	WHAC	24.20m	Newtown Park	4-Feb-07
Hammer	W60	Colleena Blair	Wellington Masters	15.98m		
Hammer	W65	Heather May		28.60m		
Hammer	W70	Heather May		27.30m		
Hammer	W75	Heather May		19.46m		
Javelin	M35	H Smith		36.46m		
Javelin	M40	T Jones		41.04m		
Javelin	M45	R Ball		51.00m		
Javelin	M50	R Ball		53.24m		
Javelin	M55	Vic Marks	Kiwi	39.36m		
Javelin	M60	Vic Marks	Kiwi	40.20m		
Javelin	M65	Fred Goodall	WHAC	34.98m		
Javelin	M70	Fred Goodall	WHAC	37.08m	Newtown Park	12-Jan-08
Javelin	M75	Jim Blair	Wellington Masters	27.10m	Newtown Park	13-Jan-07
Javelin	M80	Bill Nicholson	Wellington Masters	19.65m		
Javelin	M85	S Hogg		15.30m		
Javelin	W30	Jeanette Chung		26.34m		
Javelin	W35	F Dornan		25.96m		
Javelin	W40	Karen Armitage		21.54m		
Javelin	W45	E Teahan		21.58m		
Javelin	W50	P Scholes		23.50m		
Javelin	W55	Colleena Blair	Wellington Masters	24.88m		
Javelin	W60	Colleena Blair	Wellington Masters	25.40m		
Javelin	W65	Heather May		23.74m		
Javelin	W70	Heather May		21.84m		
Javelin	W75	Heather May		15.72m		
Shot Put	M35	Richard Thomson	WHAC	16.42m		
Shot Put	M40	Laurence Voight	Kiwi	11.05m		
Shot Put	M45	Richard Harris	Kiwi	13.02m		
Shot Put	M50	Richard Harris	Kiwi	14.39m		

Shot Put		M55	Richard Harris	Kiwi	13.41m		
Shot Put		M60	Richard Harris	Kiwi	13.51m		
Shot Put		M65	Richard Harris	Kiwi	12.95m		
Shot Put		M70	Richard Harris	Kiwi	11.40m		
Shot Put		M75	P Popa		8.45m		
Shot Put		M80	S Hogg		7.93m		
Shot Put		M85	S Hogg		6.98m		
Shot Put		W30	P Workman		8.44m		
Shot Put		W35	Michelle Ward	Maidstone	9.52m	Newtown Park	13-Jan-07
Shot Put		W40	Kathryn Fraser	Scottish	7.89m	QEII, Christchurch	2-Mar-07
Shot Put		W45	C Ashkettle		7.19m		
Shot Put		W50	P Scholes		8.83m		
Shot Put		W55	P Scholes		8.51m		
Shot Put		W60	Heather May		8.38m		
Shot Put		W65	Heather May		8.27m		
Shot Put		W70	Heather May		7.27m		
Shot Put		W75	Colleena Blair	Wellington Masters	6.40m		
Weight Throw	15.88kg / 35lb	M35	Phil Jensen	Wellington Masters	21.01m		
Weight Throw	15.88kg / 35lb	M40	Phil Jensen	Lower Hutt	18.23m	Newtown Park	14-Feb-09
Weight Throw	15.88kg / 35lb	M45	Geoff Guenole		11.97m		
Weight Throw	11.34kg / 25lb	M50	E Rowan		9.68m		
Weight Throw	11.34kg / 25lb	M55	Keith Bade	Kiwi	9.93m		
Weight Throw	9.072kg / 20lb	M60	Vic Marks	Kiwi	12.50m		
Weight Throw	9.072kg / 20lb	M65	Vic Marks	Kiwi	11.40m		
Weight Throw	9.072kg / 20lb	M70	Jim Blair	Wellington Masters	10.11m		
Weight Throw	9.072kg / 20lb	W30	Jeanette Chung		8.69m		
Weight Throw	9.072kg / 20lb	W35	Michelle Ward	Maidstone	8.05m	Inglewood	2-Mar-08
Weight Throw	9.072kg / 20lb	W40	Karen Armitage		8.32m		
Weight Throw	9.072kg / 20lb	W45	Karen Armitage		8.02m		
Weight Throw	9.072kg / 20lb	W50	Veronica Gould	WHAC	8.55m		
Weight Throw	7.26kg / 16lb	M75	P Popa		10.04m		
Weight Throw	7.26kg / 16lb	M80	S Hogg		9.08m		
Weight Throw	7.26kg / 16lb	W55	Veronica Gould	WHAC	10.36m		
Weight Throw	7.26kg / 16lb	W65	Heather May		7.74m		
Weight Throw	7.26kg / 16lb	W70	Heather May		7.42m		
Weight Throw	5.44kg / 12lb	M80	S Hogg		11.34m		
Weight Throw	5.44kg / 12lb	M85	S Hogg		8.42m		
Weight Throw	5.44kg / 12lb	W60	Colleena Blair	Wellington Masters	9.46m		
Weight Throw	5.44kg / 12lb	W65	Colleena Blair	Wellington Masters	9.62m		
Weight Throw	5.44kg / 12lb	W70	Colleena Blair	Wellington Masters	10.03m		
Weight Throw	5.44kg / 12lb	W75	Colleena Blair	Wellington Masters	9.40m		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M35	John Turner	Wellington Masters	2019pts	Newtown Park	11-Mar-07
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M40	John Turner	Wellington Masters	2595pts	Newtown Park	26-Jan-08
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M45	Gary Rawson	Wellington Masters	2538pts		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M50	Vic Marks	Kiwi	2743pts		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M55	J Powell		2603pts		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M60	J Powell		2523pts		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M65	L Frances		2266pts		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M70	Bill Nicholson	Wellington Masters	2915pts		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M75	Bill Nicholson	Wellington Masters	2702pts		
Pentathlon	International Men: Long, Javelin, 200m, Discus, 1500m	M80	Bill Nicholson	Wellington Masters	2169pts		
Pentathlon	International Women: Hurdles, High, Shot, Long, 800m	W35	S Ratapu		1411pts		
Pentathlon	International Women: Hurdles, High, Shot, Long, 800m	W50	Colleena Blair	Wellington Masters	2117pts		
Pentathlon	International Women: Hurdles, High, Shot, Long, 800m	W55	F McCracken		649pts		

Pentathlon	International Women: Hurdles, High, Shot, Long, 800m	W60	Heather May		2174pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W30	Jeanette Chung		1472pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W35	P Workman		2038pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W40	Penny Hunt		1921pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W45	G Dick		1928pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W50	P Scholes		2792pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W55	Veronica Gould	WHAC	2963pts	Newtown Park	26-Jan-08
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W60	Judy Hammond	Kapiti	3275pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W65	Judy Hammond	Kapiti	3441pts		
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W70	Judy Hammond	Kapiti	3482pts	Inglewood	25-Nov-07
Pentathlon	NZ Women: 200m, Long, Shot, Javelin, 800m	W75	Colleena Blair	Wellington Masters	2029pts	Newtown Park	26-Jan-08
Decathlon		M35	Mark Macfarlane	Wellington Masters	4553pts		
Decathlon		M40	Mark Macfarlane	Wellington Masters	4975pts		
Decathlon		M45	K Berryman		5777pts		
Decathlon		M60	J Powell		4771pts		
Decathlon		M70	Bill Nicholson	Wellington Masters	4142pts		
Decathlon		M75	Bill Nicholson	Wellington Masters	4704pts		
Heptathlon		W50	G Dick		2935pts		
Heptathlon		W60	Judy Hammond	Kapiti	4466pts		
Heptathlon		W65	Judy Hammond	Kapiti	4773pts		
Heptathlon		W70	Judy Hammond	Kapiti	4371pts	Townsville	29-Jul-08
Weight Pentathlon		M35	H Smith		3265pts		
Weight Pentathlon		M40	Laurence Voight	Kiwi	2274pts		
Weight Pentathlon		M45	Geoff Guenole		2540pts		
Weight Pentathlon		M50	E Rowan		2166pts		
Weight Pentathlon		M55	Richard Harris	Kiwi	2655pts		
Weight Pentathlon		M60	Vic Marks	Kiwi	3072pts		
Weight Pentathlon		M65	Vic Marks	Kiwi	2925pts		
Weight Pentathlon		M70	Richard Harris	Kiwi	2725pts		
Weight Pentathlon		M75	P Popa		3307pts		
Weight Pentathlon		M80	S Hogg		3051pts		
Weight Pentathlon		M85	S Hogg		2809pts		
Weight Pentathlon		W30	Jeanette Chung		2015pts		
Weight Pentathlon		W35	Michelle Ward	Maidstone	1942pts	Inglewood	2-Mar-08
Weight Pentathlon		W40	Karen Armitage		1959pts		
Weight Pentathlon		W45	Karen Armitage		2092pts		
Weight Pentathlon		W55	Veronica Gould	WHAC	2515pts		
Weight Pentathlon		W60	Colleena Blair	Wellington Masters	2619pts		
Weight Pentathlon		W65	Heather May		3099pts		
Weight Pentathlon		W70	Heather May		3659pts		
Weight Pentathlon		W75	Colleena Blair	Wellington Masters	3611pts		